

PERSONAL ACADEMIC COACHING POLICY

Introduction

1. The University of Suffolk is committed to providing personal academic coaching as an essential feature of its programmes of study. This policy specifies what academic coaching is and outlines its

Key principles underpinning personal academic coaching practice

2. Key principles which underpin personal academic coaching practice:
- Coaching -

- Identify their strengths, weaknesses and developmental opportunities reflecting on how they can address these to progress effectively, including those developmental opportunities with Library and Learning Services, Student Life and Careers, Employability and Enterprise.
- Set goals and targets.
- Consider career ambitions.
- Become more effective and confident learners who take increasing responsibility for their learning as they progress through their programmes of study.
- Develop a positive attitude to lifelong learning.

12. Personal Academic Coaching does not:

- Provide counselling, financial advice, disability and dyslexia support, health or wellbeing or any other specialist advice, but rather refers students to the appropriate service, providing support to book if needed.
- Duplicate the role of the module leader / tutor, who provide specific subject advice.
- Replace the role of any requirements for some professional registration programmes

